



Lighthouse Foundation

A place where homeless kids belong



Model of Care

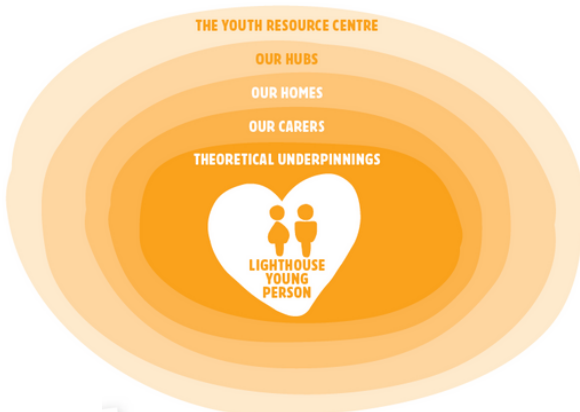
Lighthouse provides a unique Model of Care that is trauma informed, therapeutic in its approach and designed to address the complex needs of children and young people impacted by neglect, abuse and homelessness.

Our methods draw on over 60 years of clinical research and focus on building safe, stable communities with daily routines so that children can feel secure and begin their healing journey. In our care, children receive intensive therapy and specialized support to help them regulate their emotions and learn new constructive behaviours.

This therapeutic setting allows them the opportunity to form meaningful relationships with their primary caregivers, learn to trust again and create new positive attachments and reparative experiences.

The Lighthouse Model of Care is embedded in each of our programs and is echoed throughout our entire organization so that together we can continue to transform the lives of more vulnerable children and young people.

Our circle of care philosophy



Theoretical underpinnings

Attachment theory

We aim to provide young people the chance to attach to reliable, caring parent figures. This provides a safe container for personal development that has been missed or distorted in the past. The young person's previous attachment history inevitably affects their relation with their Carers, who must remain reliable and supportive to help them heal.

Trauma theory

Our programs engage kids in routine practices that promote feelings of happiness and increase activity in their brain's left prefrontal cortex. By continuing these practices, we strengthen and solidify the brain pathways that make it easier for them to replicate feelings of happiness and breakdown those pathways previously associated with trauma.

Our Impact

\$12/\$1 social return to the community.



For more information visit lighthousefoundation.org.au or call (03) 9093 7500